SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OWR APPRC	IVAL
OMB Number:	3235-0287
Estimated average burde	en
hours per response:	0.5

1. Name and Address of Reporting Person [*] KARABAN MICHAEL			2. Issuer Name and Ticker or Trading Symbol J&J SNACK FOODS CORP [JJSF]		5. Relationship of Reporting Person(s) to la (Check all applicable) Director 10% (
KARABA (Last) 6000 CENT (Street)	(First) 'RAL HIGHWAY	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/16/2007	- x	Officer (give title below) Senior Vice F	Other (specify below) President		
(Street) PENNSAU	KEN, NJ	08109	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indir Line) X	vidual or Joint/Group Fili Form filed by One Re Form filed by More th	porting Person		
(City)	(State)	(Zip)			Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

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1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)		
Common Stock,no par value	08/16/2007		S		4,000	D	\$37.15	32,369	D			
common stock,no par value	06/16/2007		S		3,004	D	\$37.5	29,365	D			
Common Stock, no par value	08/16/2007		S		300	D	\$37.69	29,065	D			
Common Stock, no par value	08/16/2007		S		400	D	\$37.88	28,665	D			
Common Stock,no par value	08/16/2007		S		200	D	\$37.77	28,465	D			
Common Stock,no par value	08/16/2007		S		96	D	\$37.89	28,369	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, option	s, convertible securities)
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1. Title Deriva Securi (Instr.	tive Convers ty or Exerc	ise (Month/Day/Year) e			Transaction Code (Instr. 1 8) 4 (Expiration Date (Month/Day/Year) uired or		7. Title Amour Securi Underl Deriva Securi and 4)	nt of ties ying tive ty (Instr. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

<u>Michael Karaban</u>

08/16/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.